



## Schedule of 2019 Retreats & Summer Sabbath

**Requests for retreats, Summer Sabbath and Themed Retreats opened on January 9, 2019**

[Email: amcgovern@mercybythesea.org](mailto:amcgovern@mercybythesea.org); or call (203) 245-0401

Retreats begin with supper at 5:30 pm on first night of retreat and end with breakfast and check-out at 10 am the last day of retreat.

**Holy Week Directed Retreat: Palm Sunday – Holy Thursday** **\$400.00**  
**Sunday, April 14 – Thursday, April 18, 2019**

Claire Rusowicz, Kathleen McNamara and Mary Costello

**Triduum: Holy Thursday – Easter Sunday** **\$350.00 single**  
**Thursday, April 18 – Sunday, April 21, 2019** **\$275 Double occupancy**

A simple, contemplative commemoration of the Paschal Mystery. Look for more details to follow. The retreat begins on **Holy Thursday, April 18**. We will gather at **5:00 pm** – please bring a loaf of bread for all to share and a non-perishable food item for our local food bank collection. This retreat is grounded in an atmosphere of silence which begins Holy Thursday evening and extends until the Easter Sunday vigil.

**Directed Retreat**  
**Friday, May 24 – Friday, May 31, 2019** **\$625.00**

Jean Marie Holup, SSCM  
Joan Bernard, OP  
Gail O'Donnell, RSCJ  
Julia Grey, OP

**Directed Retreat**  
**Sunday, June 9 – Sunday, June 16, 2019** **\$625.00**

Judy Fortune, RSM **FULLY BOOKED** (Wait list being taken)  
Ellen Keane, SNDdeN  
Suzanne Lavoie **FULLY BOOKED** (Wait List being taken)  
JoAnn Walsh, RSM

**Directed Retreat****Sunday, June 16 – Sunday, June 23, 2019****\$625.00**Mary Fahy, RSM **FULLY BOOKED** (Wait List being taken)Roberta Cote **FULLY BOOKED** (Wait List being taken)

Lisa Irish

Nan Bouche

JoAnn Bourquard

**Contemplative Ways to Being: A Silent Retreat**  
with Michael Fish, OSB CAM.**Register via website or call**  
**\$775.00****Sunday, June 23 – Sunday, June 30**

Come to the water and enter into the quiet and beauty of Mercy by the Sea. We will use poetry, Scripture and story to explore how to live contemplatively in the midst of our hectic world. With a relaxed schedule of two conferences each day together with a quiet, simple Eucharist we'll examine the obstacles to living in balance as well as new forms of encountering the Beloved. This retreat is for those who are thirsting for inner living water.

Michael is a Camaldolese monk, who became motivated to make monasticism and Christian spirituality more available to women and men living and working in the world and making ancient truths and mysteries more accessible to modern seekers. Michael continues to explore solitude and itinerancy as expressions of Camaldolese life and mission. Though living alone, he remains involved with his monastic community, the New Camaldoli Hermitage in Big Sur. This is his first offering of retreat on the East coast.

**Directed Retreat****Sunday, June 30 – Sunday July 7, 2019****\$625.00**

Sue Wieczynski, RSM

Cathleen Murtha, DW **FULLY BOOKED** (Wait list being taken)Mary Costello, RSM **FULLY BOOKED** (Wait List being taken)

Carol Villaggio

Andrea Minelli

**Directed Retreat****Sunday, July 7 – Sunday July 14, 2019****\$625.00**Joannie Cassidy, SSJ **FULLY BOOKED** (Wait list being taken)Eleanor Guerin, RSM **FULLY BOOKED** (Wait list being taken)

Kathleen L. McNamara

Laura Fitzpatrick-Nager

Vincent Pelletier, FSC

**Directed Retreat - RETREAT IS FULLY BOOKED; WAITING LISTS BEING TAKEN**

**Sunday, July 21 – Sunday July 28, 2019**

**\$625.00**

Fr. Terry Moran **FULLY BOOKED** (Wait list being taken)  
Maureen Christensen, RSM **FULLY BOOKED** (Wait list being taken)  
Honora Nicholson, RSM **FULLY BOOKED** (Wait list being taken)  
Carmela Garofalo, RSM **FULLY BOOKED** (Wait List being taken)  
Mary Elizabeth Looby, GNSH **FULLY BOOKED** (Wait list being taken)

**Directed Retreat**

**Sunday, July 28 – Sunday August 4, 2019**

**\$625.00**

Fr. Tom Sievel  
Patricia Cook, RSM  
Ann Duhaime, RSM  
Cynthia Giardina  
Jan Webb

**Summer Sabbath** with Andrea Minelli and Carol Villaggio

**Week I: Sunday, August 4 – Sunday, August 11, 2019**

**\$675.00**

**Week II: Sunday, August 11 – Friday, August 16, 2019**

**\$575.00**

Come to the water to renew your connection with life's animating Spirit and recover your potential for joy and peace. Sabbath time can be as unplanned and open as you seek. Time to gather for reflection and prayer will be offered during the week, and spiritual direction is offered by request, not on a daily basis.

**Zen Spirit, Christian Spirit: An Interfaith Retreat (Rooms are booked)**

**\$675.00 single occupancy**

with Roshi Robert E. Kennedy, SJ.

**call to be put on wait list**

**\$560.00 double occupancy**

**Sunday August 18, 2019 – Saturday, August 24, 2019**

**\$ 80.00 daily commuter fee**

This is a week-long silent retreat (*Zen sesshin*) during which participants practice seated meditation (*zazen*) together — about 12 25-minute periods per day — as a supportive community, or sangha. Roshi Kennedy and other Zen teachers will provide daily talks (*teishos*) to share Zen insights and to encourage sitting practice, as well as opportunities to meet privately with them (*daisan*) throughout the days.

Silence is observed at all times throughout day in order to deepen experience. Following the final sitting each evening, the liturgy will be offered for all who wish to participate. This is a warm, wholehearted practice of being with ourselves as we are, with things as they occur. The support of devoted teachers and one another encourages the quieting of our minds, the lessening of struggle, and the movement from self-centeredness to life-centeredness. Through this process we taste the richness of human life and become of true benefit to others and our world.

The sesshin will run August 18 – August 24. For those staying onsite, check-in is at 4 p.m. on Sunday with dinner served at 5:30 p.m. Departure is at 10 a.m. on Saturday, August 24.

**Directed Retreat**

**Sunday, August 25 – Sunday, September 1, 2019**

**\$625.00**

Margaret Galiardi, OP **FULLY BOOKED** (Wait list being taken)

Connie Messitt, CSJ **FULLY BOOKED** (Wait list being taken)

Mary Trainer, RSM **FULLY BOOKED** (Wait list being taken)

Ann Rodgers, CP

Marge Milanese

**Directed Retreat**

**Sunday, September 1 – Sunday, September 8, 2019**

**\$625.00**

Marie Danaher, OP

Susan Blasi

Gail DeMaria, CSJP

Kathleen McAlpin, RSM **FULLY BOOKED** (Wait list being taken)

**Directed Retreat**

**Sunday, October 27 – Thursday, October 31, 2019**

**\$400.00**

with Patricia Cook, RSM

**Directed Retreat FULLY BOOKED** (Wait list being taken)

**Sunday, October 27 – November 3, 2019**

**\$625.00**

with Janet Weber, RSCJ

**Directed Retreat**

**Sunday, December 8 – Sunday, December 15 (Winter rates apply)**

**\$605.00**

Judy Fortune, RSM

Claire Rusowicz

Suzanne LaVoie