



## Schedule of 2019 Retreats & Summer Sabbath

**Requests for retreats and Summer Sabbath will be accepted by telephone and e-mail at 9:30 am, Wednesday, January 9, 2019**

**Please note: to be fair to all, requests will not be accepted prior to January 9, 2019 with the exception of the February retreat.**

**[203.245.0401/amcgovern@mercybythesea.org](mailto:203.245.0401/amcgovern@mercybythesea.org)**

**If you email, please don't call; this only creates duplicated requests!**

**Retreats begin with supper at 5:30 pm on first night of retreat and end with breakfast and check-out at 10 am the last day of retreat.**

### **Directed Retreat**

**Sunday, February 10 – Sunday, February 17, 2019**      **Winter rate applies: \$605.00**  
Janet Weber, RSCJ      **Retreat is fully booked; waiting list being accepted.**

**Holy Week Directed Retreat: Palm Sunday – Holy Thursday**      **\$400.00**  
**Sunday, April 14 – Thursday, April 18, 2019**

Claire Rusowicz and Mary Costello, RSM

**Triduum: Holy Thursday – Easter Sunday**      **\$350.00 single**  
**Thursday, April 18 – Sunday, April 21, 2019**      **\$275 Double occupancy**

A simple, contemplative commemoration of the Paschal Mystery. Look for more details to follow. The retreat begins on **Holy Thursday, April 18**. We will gather at **5:00 pm** – please bring a loaf of bread for all to share and a non-perishable food item for our local food bank collection. This retreat is grounded in an atmosphere of silence which begins Holy Thursday evening and extends until the Easter Sunday vigil.

### **Directed Retreat**

**Friday, May 24 – Friday, May 31, 2019**      **\$625.00**

Jean Marie Holup, SSCM

Joan Bernard, OP

Gail O'Donnell, RSCJ

Julia Grey, OP

**Directed Retreat****Sunday, June 9 – Sunday, June 16, 2019****\$625.00**Judy Fortune, RSM **(Booked)**

Ellen Keane, SNDdeN

Suzanne Lavoie **(Booked)**

JoAnn Walsh, RSM

**Directed Retreat****Sunday, June 16 – Sunday, June 23, 2019****\$625.00**Mary Fahy, RSM **(Booked)**Roberta Cote **(Booked)**

Lisa Irish

Nan Bouche

JoAnn Bourquard

**Contemplative Ways to Being: A Silent Retreat**  
with Michael Fish, OSB CAM.**Register via website or call (203) 245-0401****Sunday, June 23 – Sunday, June 30**

Come to the water and enter into the quiet and beauty of Mercy by the Sea. We will use poetry, Scripture and story to explore how to live contemplatively in the midst of our hectic world. With a relaxed schedule of two conferences each day together with a quiet, simple Eucharist we'll examine the obstacles to living in balance as well as new forms of encountering the Beloved. This retreat is for those who are thirsting for inner living water.

Michael is a Camaldolese monk, who became motivated to make monasticism and Christian spirituality more available to women and men living and working in the world and making ancient truths and mysteries more accessible to modern seekers. Michael continues to explore solitude and itinerancy as expressions of Camaldolese life and mission. Though living alone, he remains involved with his monastic community, the New Camaldoli Hermitage in Big Sur. This is his first offering of retreat on the East coast.

**Directed Retreat****Sunday, June 30 – Sunday July 7, 2019****\$625.00**

Sue Wiczynski, RSM

Cathleen Murtha, DW

Mary Costello, RSM **(Booked)**

Carol Villaggio

Andrea Minelli

**Directed Retreat****Sunday, July 7 – Sunday July 14, 2019****\$625.00**

Joannie Cassidy, SSJ  
 Eleanor Guerin, RSM  
 Kathleen L. McNamara  
 Laura Fitzpatrick-Nager  
 Vincent Pelletier, FSC

**Directed Retreat – this retreat is booked; call for waiting list.****Sunday, July 21 – Sunday July 28, 2019****\$625.00**

Fr. Terry Moran **(Booked)**  
 Maureen Christensen, RSM **(Booked)**  
 Honora Nicholson, RSM **(Booked)**  
 Carmela Garofalo, RSM **(Booked)**  
 Mary Elizabeth Looby, GNSH **(Booked)**

**Directed Retreat****Sunday, July 28 – Sunday August 4, 2019****\$625.00**

Fr. Tom Sievel  
 Patricia Cook, RSM  
 Ann Duhaime, RSM  
 Cynthia Giardina  
 Jan Webb

**Summer Sabbath** with Andrea Minelli and Carol Villaggio**Week I: Sunday, August 4 – Sunday, August 11, 2019****\$675.00****Week II: Sunday, August 11 – Friday, August 16, 2019****\$575.00**

Come to the water to renew your connection with life's animating Spirit and recover your potential for joy and peace. Sabbath time can be as unplanned and open as you seek. Time to gather for reflection and prayer will be offered during the week, and spiritual direction is offered by request, not on a daily basis.

**Zen Spirit, Christian Spirit: An Interfaith Retreat**

with Roshi Robert E. Kennedy, SJ.

**\$675.00 single occupancy****\$560.00 double occupancy****Sunday 18, 2019 – Saturday, August 24, 2019****\$ 80.00 daily commuter fee**

This is a week-long silent retreat (*Zen sesshin*) during which participants practice seated meditation (*zazen*) together — about 12 25-minute periods per day — as a supportive community, or sangha. Roshi Kennedy and other Zen teachers will provide daily talks (*teishos*) to share Zen insights and to encourage sitting practice, as well as opportunities to meet privately with them (*daisan*) throughout the days.

Silence is observed at all times throughout day in order to deepen experience. Following the final sitting each evening, the liturgy will be offered for all who wish to participate. This is a warm, wholehearted practice of being with ourselves as we are, with things as they occur. The support of devoted teachers and one another encourages the quieting of our minds, the lessening of struggle, and the movement from self-centeredness to life-centeredness. Through this process we taste the richness of human life and become of true benefit to others and our world.

The sesshin will run August 18 – August 24. For those staying onsite, check-in is at 4 p.m. on Sunday with dinner served at 5:30 p.m. Departure is at 10 a.m. on Saturday, August 24.

**Directed Retreat**

**Sunday, August 25 – Sunday, September 1, 2019** **\$625.00**

Margaret Galiardi, OP  
Connie Messitt, CSJ  
Mary Trainer, RSM  
Ann Rodgers, CP  
Marge Milanese

**Directed Retreat**

**Sunday, September 1 – Sunday, September 8, 2019** **\$625.00**

Marie Danaher, OP  
Susan Blasi  
Gail DeMaria, CSJP  
Kathleen McAlpin, RSM

**Directed Retreat**

**Sunday, October 27 – Thursday, October 31, 2019** **\$400.00**  
with Patricia Cook, RSM

**Directed Retreat**

**Sunday, October 27 – November 3, 2019** **\$625.00**  
with Janet Weber, RSCJ

**Directed Retreat**

**Sunday, December 8 – Sunday, December 15** **(Winter rates apply)** **\$605.00**

Judy Fortune, RSM  
Claire Rusowicz  
Suzanne LaVoie