

# 2021 Retreats at Mercy by the Sea

We look forward to welcoming you to a retreat at Mercy by the Sea on the beautiful shoreline of Madison, Connecticut! Requests for directed retreats and specific retreat directors will be taken by e-mail and telephone from 9:30 a.m. on **Tuesday, January 12, 2021.** 

To request a specific retreat, email amcgovern@mercybythesea.org. A \$250.00 non-refundable deposit will be required once we confirm your reservation and final payment is due 30 days prior to arrival. The cancellation policy is on your registration form. *Mercy For All* funds provide financial assistance to those who would otherwise not be able to attend. These funds come from our generous donors and through a ministry grant from the Institute of the Sisters of Mercy of the Americas. To inquire about assistance, please email amcgovern@mercybythesea.org. All retreats begin with supper at 5:30 p.m. on the first night of retreat and end with breakfast and check-out at 10 a.m. on the last day of retreat.

7-day Directed Retreat (new director added) Sunday, February 7 to Sunday, February 14 Carol Villaggio Janet Weber, RSCJ (Booked)	Winter rates apply:	<u>Pricing</u> \$675.00
Holy Week Directed Retreat: Palm Sunday to Holy Thurs Sunday, March 28 to Thursday, April 1 Claire Rusowicz	day	\$400.00
Triduum: Holy Thursday to Easter Sunday Thursday, April 1 to Sunday, April 4		Price & theme TBD
6-day Directed Retreat Saturday, May 29 to Thursday, June 3 JoAnn Bourquard Marge Milanese Andrea Minelli Gail O'Donnell, RSCJ		\$600.00

# **Themed Retreat: Becoming A Compassionate Presence** Thursday, June 3 to Sunday, June 6 Cynthia Bauer, OP and Madeleine Tacy, OP

This retreat invites participants to enter into a process facilitating more compassionate living – personal and professional. It is designed for professional caregivers, doctors, nurses, other health professionals, social workers and chaplains, or simply for anyone who wants to deepen their spiritual growth to re-enter the world with a more compassionate way of being. The retreat will include presentations, small group discussions, music with rituals, prayer and silence. The overall retreat experience is meant to create an atmosphere in which relationships can develop and thrive so that "circles of compassion" can emerge in various locales and communities.

## 4-day Directed Retreat

Sunday, June 13 to Thursday, June 17 Shirley Agnew, RSM Judy Fortune, RSM Pat Mensing, SSJ Sue Wiecznyski, RSM

## 7-day Directed Retreat

Sunday, June 20 to Sunday, June 27 Margaret Galiardi, OP Sue LaVoie Mary Trainer, RSM Fran Repka, RSM

## Themed retreat: Catherine McAuley's Suscipe: Prayer of a Social Mystic

## Saturday, July 3 to Saturday, July 10

Mary Pat Garvin, RSM

Catherine McAuley, Founder of the Sisters of Mercy, was a *social mystic,* a woman whose relationship with Jesus had direct social implications for the people of her day. As followers of Jesus in the tradition of Catherine we too are *social mystics*—Sisters of Mercy, Associates and Companions in Mercy—whose relationship with Jesus has direct social implications for those we serve in our various ministries. During this guided retreat we will explore Catherine's *Suscipe,* listening attentively with the "ear of our hearts" to the fresh and encouraging words she wishes to share with us. Renewed and refreshed in Mercy we will go forth to face the issues of our own time with Catherine's depth of imagination and courage. Register online here.

## 7-day Directed Retreat

Sunday, July 18 to Sunday July 25 Maureen Christensen, RSM Roberta Cote Kathleen Geelan Judy Fortune, RSM Fr. Terry Moran

# \$400.00 single occupancy \$325.00 double occupancy

\$400.00

\$700.00

#### \$710.00

\$700.00

#### 7-day Directed Retreat

Monday, July 26 to Monday, August 2 Nan Bouche Patricia Cook, RSM Julia Grey, OP Honora Nicholson, RSM Jan Webb

#### Summer Sabbath

Week I: Tuesday, August 3 to Tuesday, August 10 Week II: Tuesday August 10 to Saturday, August 14 Andrea Minelli and Carol Villaggio (\$1,350.00 both weeks)

Come to the water to renew your connection with life's animating Spirit and recover your potential for joy and peace. Sabbath time can be as unplanned and open as you seek. Time to gather for reflection and prayer will be offered during the week, and spiritual direction is offered by request, not on a daily basis.

#### Interfaith ZEN Retreat (registrations open the week of February 15!)

Sunday, August 15 to Saturday, August 21	Single Occupancy	\$750.00
Roshi Robert E. Kennedy, SJ	Double Occupancy	\$650.00
	Commuter	\$80.00

This is a week-long silent retreat (Zen *sesshin*) during which participants practice seated meditation (*zazen*) together—about twelve 25-minute periods per day—as a supportive community, or sangha. Roshi Kennedy and other Zen teachers will provide daily talks (*teishos*) to share Zen insights and to encourage sitting practice, as well as opportunities to meet privately with them (*daisan*) throughout the days.

Silence is observed at all times throughout day in order to deepen experience. Following the final sitting each evening, the liturgy will be offered for all who wish to participate. This is a warm, wholehearted practice of being with ourselves as we are, with things as they occur. The support of devoted teachers and one another encourages the quieting of our minds, the lessening of struggle, and the movement from self-centeredness to life-centeredness. Through this process we taste the richness of human life and become of true benefit to others and the world.

#### **4-day Directed Retreat**

Sunday, August 22 to Thursday, August 26 Carol Conly, RSM Joannie Cassidy, SSJ Gail DeMaria, CSJP Lisa Irish \$400.00

\$700.00

\$750.00

\$600.00

#### **Entering the Chaos**

Carol Villaggio

**Thursday, August 26 to Sunday, August 29** Nancy Sylvester, IHM, Margaret Galiardi, OP and Dr. Vernice Solimar, PhD Single Occupancy\$500.00Double Occupancy\$450.00Commuter\$390.00

Amid the chaos, impasse and growing divisions, we are a society in search of its soul. Join us by the healing waters of Mercy by the Sea for an important program offered in co-sponsorship with the Institute for Communal Contemplation and Dialogue. This program is designed to deepen our interior lives through contemplative processes and to integrate the skills learned in order to engage persons with different experiences and worldviews. Our intention is to heal the polarization and impasse we are experiencing. While this offering is more workshop than retreat, it is grounded in the contemplative and it is timely. Click here to register.

# **7-day Directed Retreat** \$700.00 Sunday, August 29 to Sunday, September 5 Mary Costello, RSM Ann Duhaime, RSM Connie Messitt, CSJ Cathy Murtha, DW Fr. Tom Sievel **4-day Directed Retreat** Monday, October 11 to Thursday, October 15 \$400.00 with Patricia Cook, RSM 7-day Directed Retreat Monday, October 11 to Monday, October 18 \$700.00 Janet Weber, RSCJ Kathleen McAlpin, RSM 7-day Directed Retreat Sunday, December 12 to Sunday, December 19 Winter rate applies \$675.00 Judy Fortune, RSM

