



## Summer Sabbath Hope Is Never Lost

with **Andrea Minelli** and **Carol Villaggio**

**Week I: Sunday, July 31-Sunday, August 7, 2022 (\$800)**

**Week II: Sunday August 7-Friday August 12, 2022 (\$650)**

Come to the water to renew your connection with life's animating Spirit and recover your potential for joy and peace. Sabbath time can be as unplanned and open as you desire. Our theme for this year is *Hope Is Never Lost*. The theme will be woven into our reflection and prayer gatherings during the week. Spiritual direction is offered by request, not on a daily basis.

**Andrea Minelli** is a graduate of the Women's Leadership Institute and has an MA in Spirituality from Hartford Seminary. She is a certified Spiritual Director and Retreat Leader trained through Mercy by the Sea. She is a Mercy Associate. She received a certificate in Bio-Spiritual Focusing through the Spiritual Life Center, West Hartford CT and is trained as a Pastoral Care Associate through St Francis Hospital, Hartford, CT.

**Carol Villaggio** also received her training in Spiritual Direction and Retreat Ministry from Mercy by the Sea and from the Spiritual Life Center in West Hartford. She has a certificate in Bio-Spiritual Focusing. Her practice as a Bio-Spiritual Focusing facilitator adds a deeper dimension to spiritual direction in which she offers and companions individuals to various approaches of encountering the Holy in prayer and life experience. Carol is also a Mercy Associate.

Register by calling Guest Services at 203.245.0401, Ext. 114.



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