



Carol Villaggio retired from teaching at the primary level in 2010. She earned a B.S. in both elementary and special education with a concentration in early childhood from CCSU and a M.S. from SCSU. Her certificates in Spiritual Direction and Retreat Ministry were received from Mercy Center in Madison, CT and from the Spiritual Life Center in West Hartford she has a certificate in Bio-Spiritual Focusing. Her practice as a Bio-Spiritual Focusing facilitator adds a deeper dimension to spiritual direction in which she offers and companions individuals to various approaches of encountering the Holy in prayer and life experience. Carol is a Mercy Associate.